Herbals & Nutraceuticals Products & Info

A-B | C-F | G-I | J-P | Q-Z

Lycopene
A Carotenoid, a natural color pigment that contributes to the deep red color of tomatoes and various other fruits and vegetables. It is only in the last decade that lycopene has become widely recognized as a potential protector against the risk of certain types of cancer such as Prostate Cancer and cardiovascular disease. Lycopene is one of 600 known carotenoids found in plants.

Lysine
Is an essential amino acid needed for growth and to help maintain nitrogen balance in the body. Essential amino acids cannot be made in the body and must be supplied by the diet or supplements. Lysine appears to help the body absorb and conserve calcium. Lysine has many functions in the body because it is incorporated into many proteins, each of which is used by the body for a variety of purposes. Lysine interferes with replication of herpes viruses and is therefore often prescribed by nutritionally oriented doctors to people with cold sores or genital herpes.

Lutein
Like Beta carotene, Lutein is a powerful antioxidant which studies show can contribute to the protection of cells. The most promising application of Lutein may be its beneficial influence on the eyes, particularly in regard to macular degeneration.

Melatonin
Promotes restful sleep. * use caution

Milk Thistle (Silymarim)
Liver Protection.

MSM (Methyl-sulfony-methane)

Used in arthritis, allergies, and muscle cramps.

N-Acetyl-Cysteine (NAC)
N-acetyl cysteine (NAC) is an altered form of the amino acid cysteine, which is commonly found in food and synthesized by the body. NAC helps break down mucus. NAC helps the body synthesize glutathione—an important antioxidant.

NONI
Immune system helper.

Octacosanol
Is the principle sterol of wheat germ oil, responsible for many of the reported beneficial effects. May increase stamina and improve strength and reaction time in top athletes.

Olive Leaf
Anti-bacterial, virus, blood pressure adjustment.

Pau D'arco (La Pacho)
Its main active principles are lapachol, quercetin and other flavanoids. It is available in tea and pill form. The herbal remedy is typically used during flu and cold season. It apparently works as an expectorant and has a drying effect. Many use this for fungal issues as well.

Pine Bark Extract (Pycnogenol)
Pine Bark extract is a bioflavonoid- rich, potent extract which is used for fighting free radicals and maintaining capillary health. It is very similiar to grape seed extract, with a high content of proanthocyanidins.

Policosanol
Policosanol is a mixture of fatty alcohols derived from the wax of sugar cane. These active substances work to lower cholesterol levels by several mechanisms including blocking the formation of cholesterol in the liver.

Progesteron & Phytoestrogen
Hormone like, woman's supplement for a variety of uses.

Pygeum
Prostate protector

Continue Q-Z